



Comprehensive Teacher Training Course Begins November 8, 2012

The **Comprehensive Teacher Training Course** (CTTC) provides a thorough, comprehensive education in Pilates covering the full range of Pilates equipment: Mat, Reformer, Cadillac, Wunda Chair, Ped-a-pul, Ladder Barrel, Step Barrel and various other Auxiliary apparatus. It is a complete and intensive college-level program that provides a solid foundation for teaching as well as a thorough understanding of all facets of Pilates. The course also includes instruction on the BASI® "Block System™" (a comprehensive programming and teaching methodology) and on the science of human movement, anatomy and physiology.

Cost: \$3795.00

Course Begins: November 8, 2012

Location: Smart Body Pilates
6675-131 Falls of Neuse Road
Raleigh, NC 27615
919-801-7079
www.smartbodypilates.com

For more information or to register:
contact BASI Pilates
by phone at 866-992-2742
or visit www.basipilates.com

